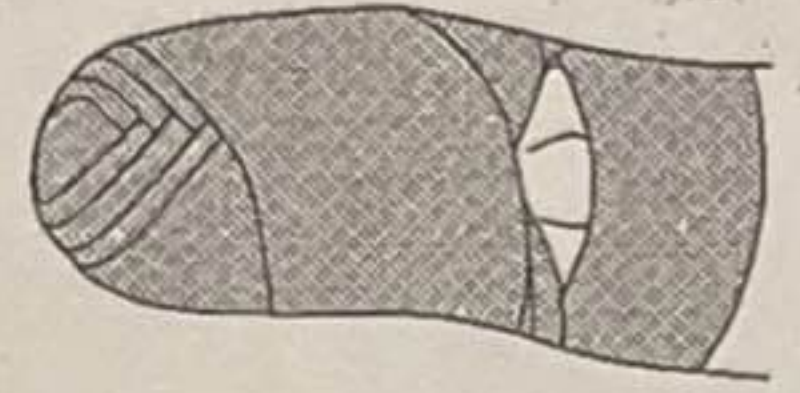


# ACE WRAPPING

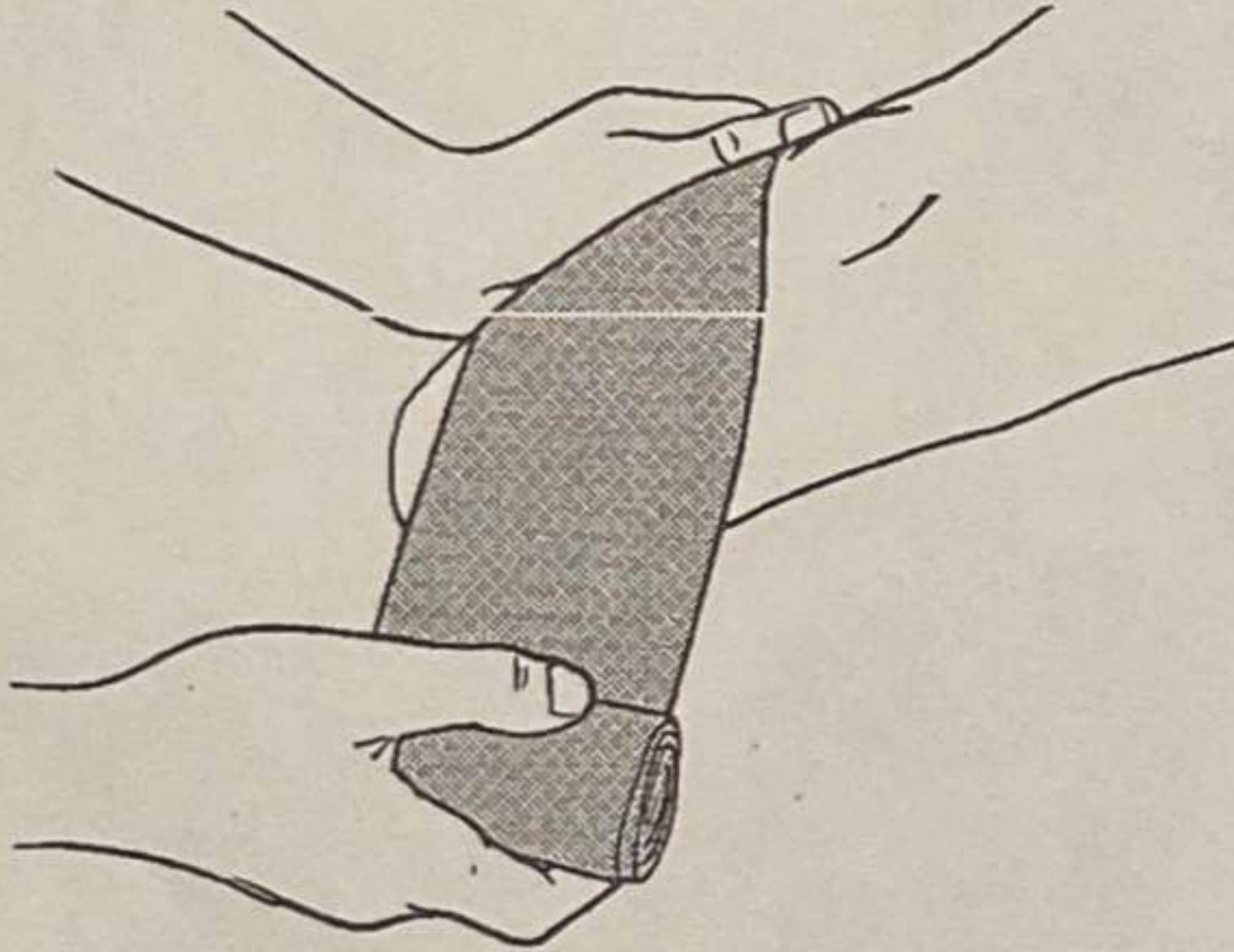
## Transtibial Amputee

- Ace wrapping should always be initially instructed by a trained health care professional, because inappropriate application can be harmful.
- Always use a clean wrap with good elastic quality.
- Wrapping should always be completed in a diagonal pattern with no wraps directly horizontal all the way around the limb and without excessive wrinkles or open areas below the knee.
- The wrap should be anchored to itself with tape. Avoid using clips or taping to the skin.



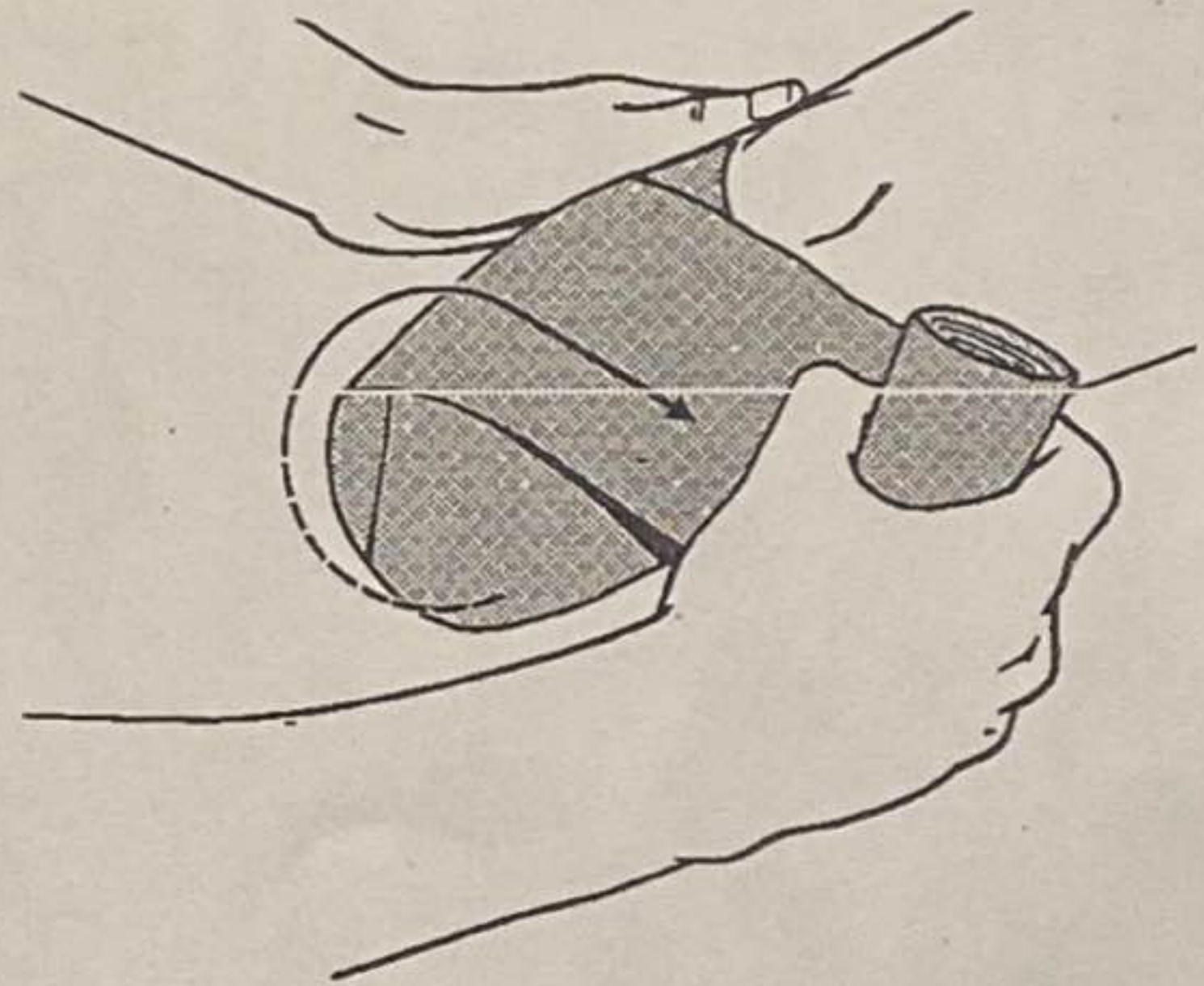
### 1

Anchor end of ace with one hand and hold roll in the other. Initiate wrapping diagonally down across residual limb.



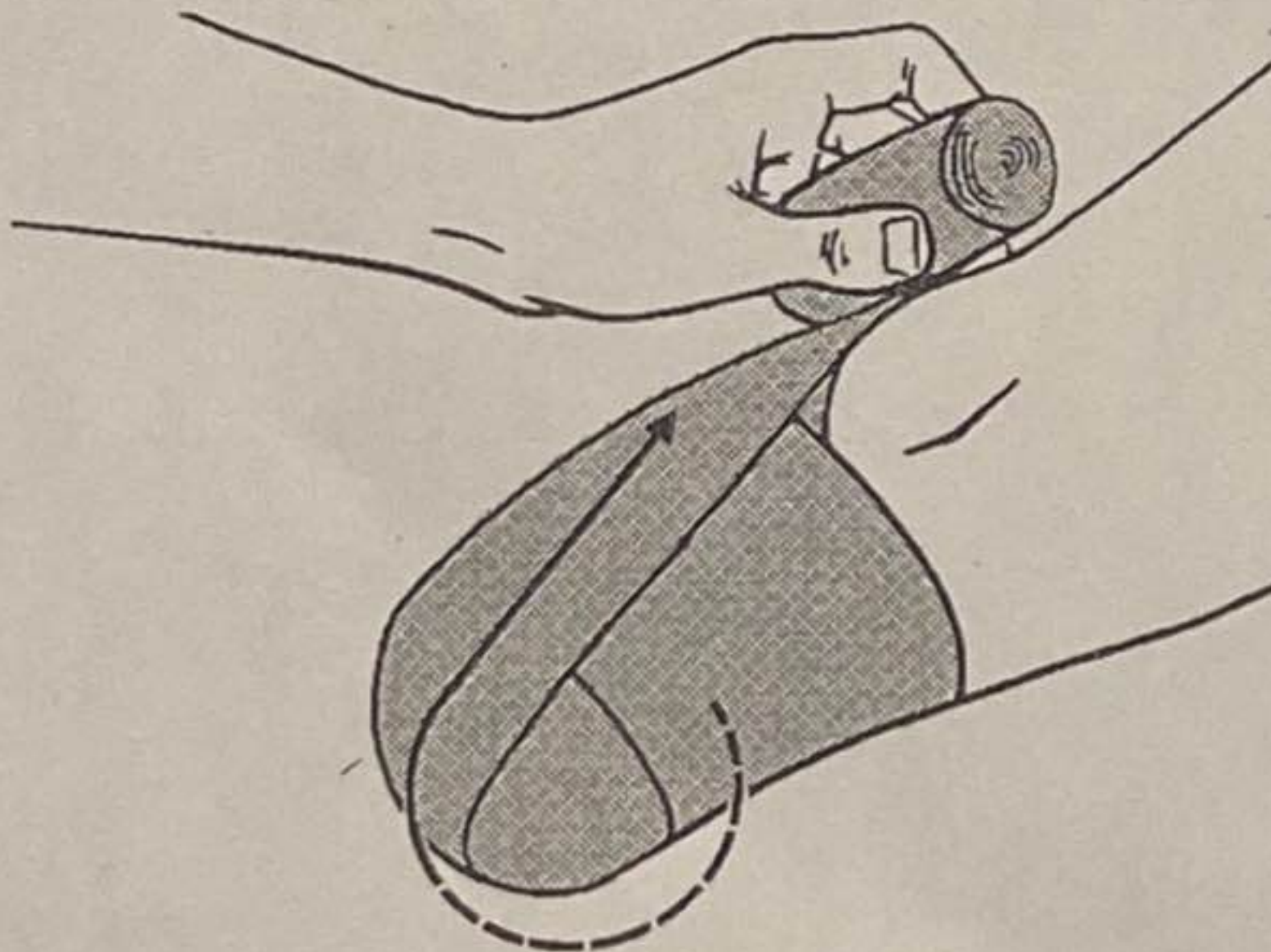
### 2

Wrap around back bottom end to encompass both corners and advance diagonally up across front aspect



### 3

Turn wrap down the back aspect to enclose central bottom end and continue wrapping up across the front aspect to anchor the start position.



### 4

Wrap diagonally around the back of the knee and continue up around the thigh above the patella.

