

ACUTE POSITIONING

Transtibial Amputee

- Common contractures to be avoided: Knee Flexion - Hip Abduction - Hip External Rotation.
- Only neutral limb elevation is necessary if a proper form of compression device is used.

1

Avoid excessive pillows under residual limb with hip and knee bent.



2

Lie with pelvis level, hip in neutral rotation and knee straight.



3

Advance to lying on stomach as tolerated, cushion sound limb to protect foot. May use bridge padding to improve initial tolerance, as depicted here.



4

Avoid prolonged sitting or lack of support for outside of limb.



5

Maintain residual limb support with knee straight. Use wheelchair if possible to promote mobility.

