

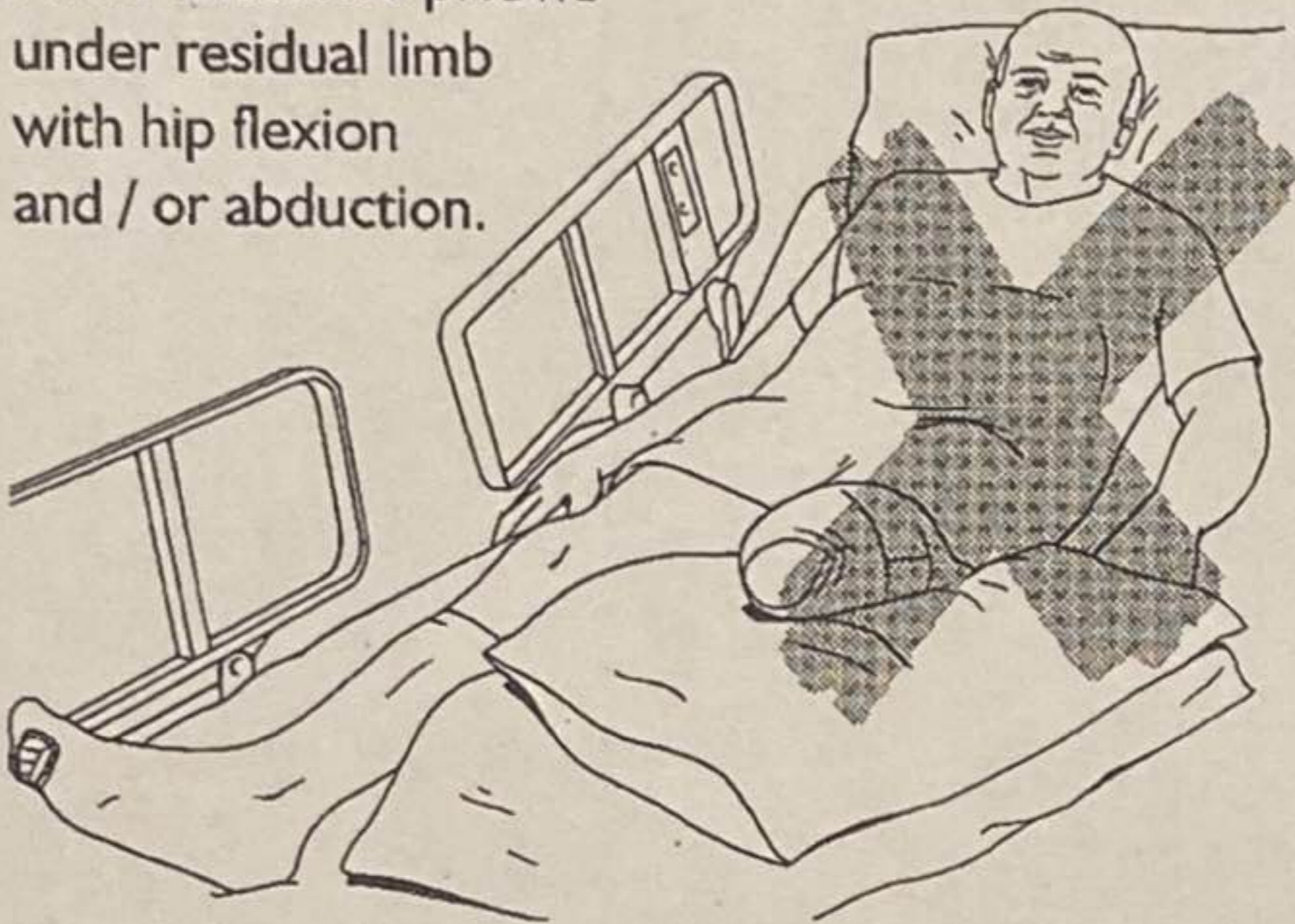
ACUTE POSITIONING

Transfemoral Amputee

- Common contractures to be avoided: Hip Flexion - Hip Abduction - Hip External Rotation.
- Only neutral limb elevation is necessary if a proper form of compression device is used.

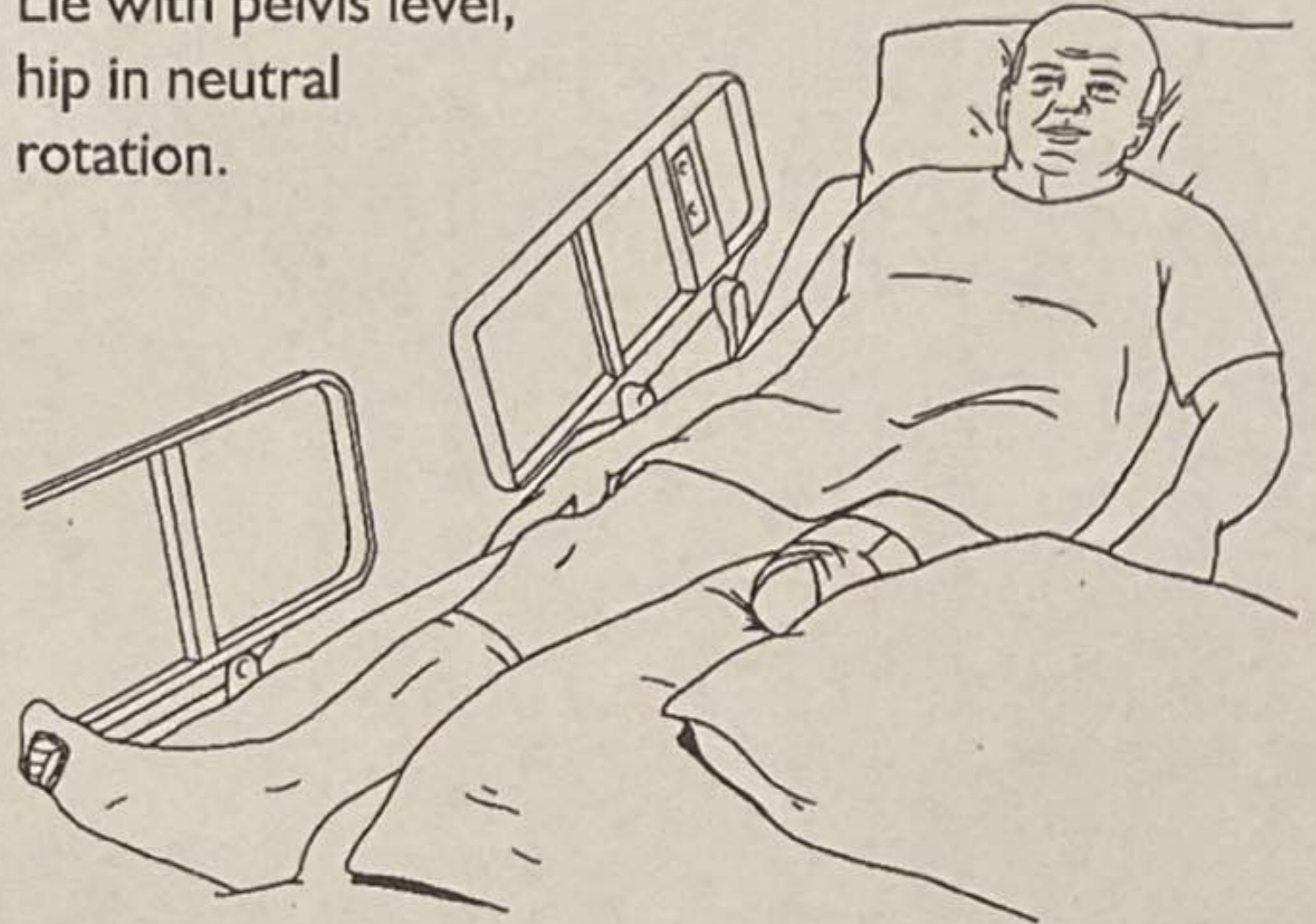
1

Avoid excessive pillows under residual limb with hip flexion and / or abduction.



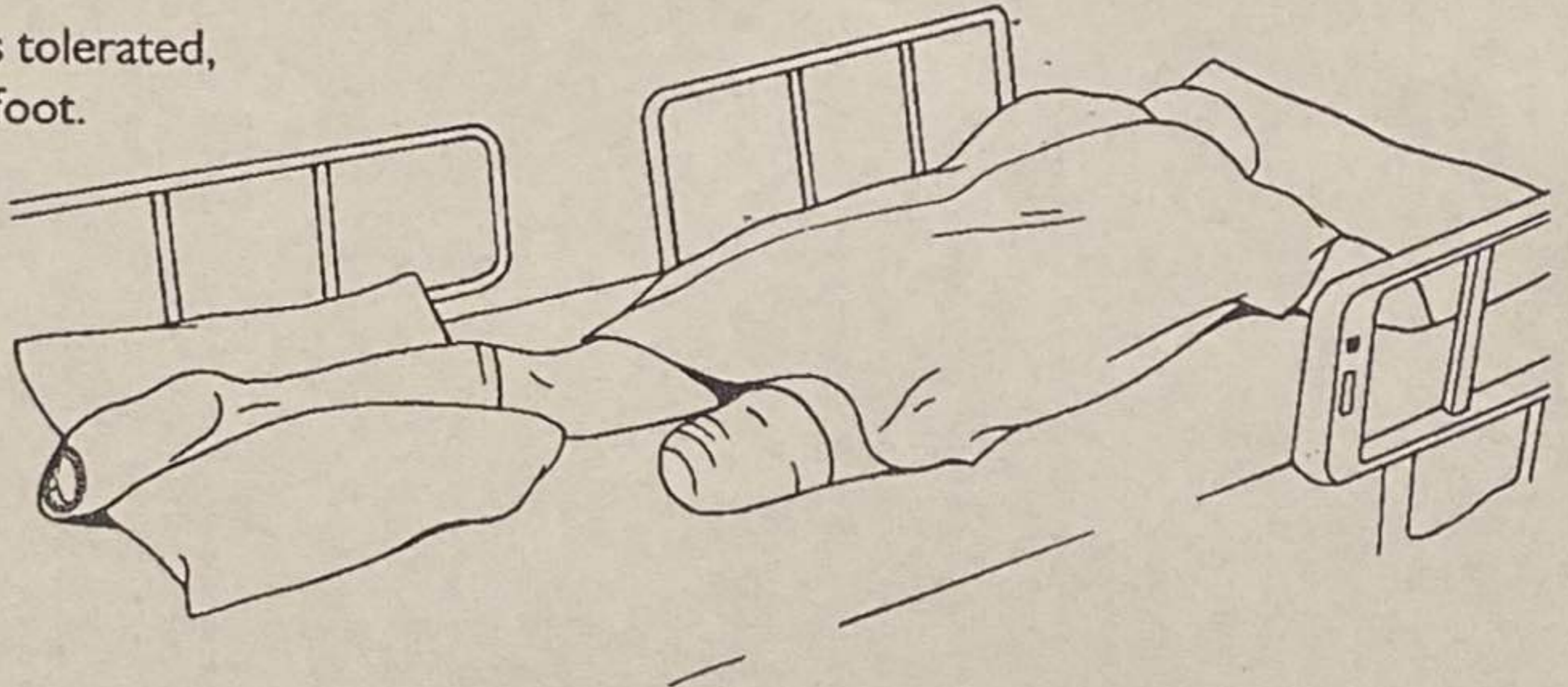
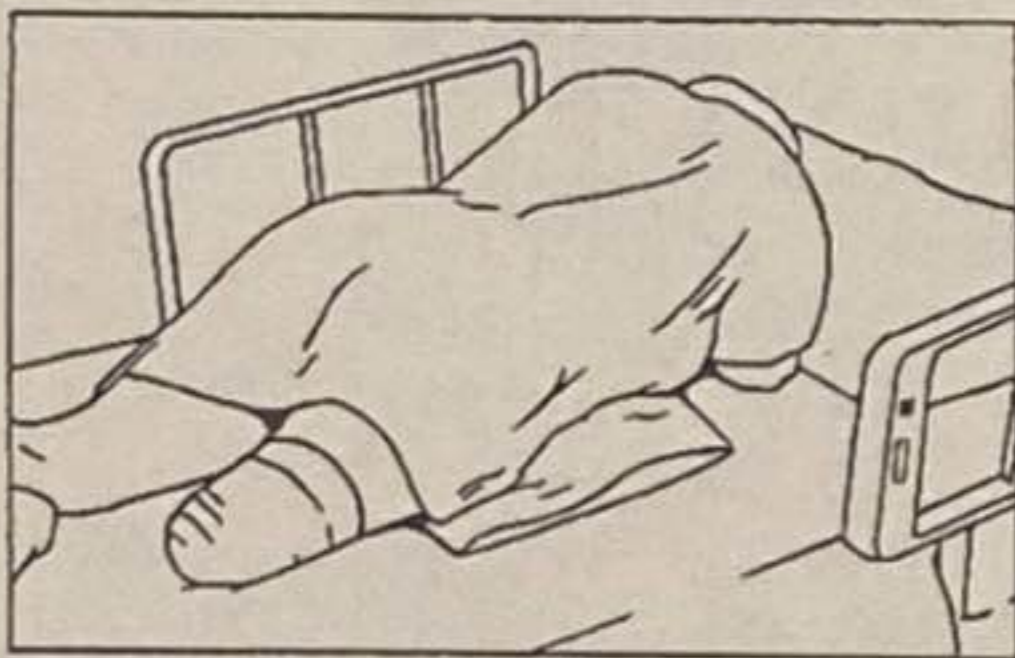
2

Lie with pelvis level, hip in neutral rotation.



3

Advance to lying on stomach as tolerated, cushion sound limb to protect foot. May use bridge padding to improve initial tolerance, as depicted here.



4

Avoid prolonged sitting or lack of limb support.



5

Sit multiple times for shorter periods with outside of limb supported. Use wheelchair if possible to promote mobility.

