

Certified Peer Visitor Program and Improved Patient Outcome

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Presented by:

Nicole Gross, Amputee Coalition, Strategic Partnerships Manager

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Nicole Gross

Strategic Partnerships Manager
Amputee Coalition
Knoxville, Tennessee

- Joined Amputee Coalition in January 2018
- Certified Peer Visitor Trainer
- Certified Family Peer Visitor
- Trauma Survivor, 2013 Boston Marathon Bombings
- Experienced health and fitness professional
- Volunteer coach at various adaptive swim and multisport clinics

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Presentation Outline

- Hospital Partner Panelist Introductions
- Benefits of Peer Support
- Overview of Amputee Coalition Certified Peer Visitor Program
- Hospital Partner Panel Discussion
- Hospital Partnership Program Benefits
- Q & A | Virtual Chat | Polls

Hospital Partner Panelist Introductions

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Farhad Ostovari, PT, DPT, CBIS

Director of Amputee Care and Prosthetic Services

Amputee Coalition Hospital Peer Visitor Trainer

Support Group Leader

Amputee Awareness Walk, Wheel or Run Event Organizer

Adventist HealthCare Rehabilitation

Rockville, Maryland

www.adventisthealthcare.com

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Andrew Lerman, OT
Occupational Therapist
Inpatient/Outpatient
Amputation Rehabilitation



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MossRehab at Elkins Park
Elkins Park, Pennsylvania
www.mossrehab.com

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Cynthia Macaluso, PT

Physical Therapy Specialist

Amputee Coalition Hospital Peer Visitor Trainer

Support Group Leader



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Kessler Institute for Rehabilitation

Saddle Brook, New Jersey

www.kessler.com

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Susan Dubowy, PA-C

Department of Orthopaedic Surgery

Eileen Shieh, MD

Program Director, Pediatrics/PM&R Residency



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Nemours Hospital/A.I. duPont Hospital for Children

Wilmington, Delaware

www.nemours.org

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Alison Clarke

Community Engagement Manager

Sheltering Arms Institute

Richmond, Virginia

www.shelteringarmsinstitute.com



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Benefits of Peer Support

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Benefits of Peer Support for Patients

Connecting with someone who can relate from a place, and at a pace, that no one else can, can be **instrumental** in a person's recovery. The **powerful influence** of a peer can help patients and families before an amputation, as well as **adjust and cope** after limb loss. **Psychosocial healing** and **gained knowledge** can result from shared information and having a **community connection**.

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Benefits of Peer Support for Volunteers

By doing something that matters to one's self, and for people who need it most, **growth** is not only as a volunteer, but as an individual and human being. Volunteers who provide peer support can also personally benefit from a **healthier mindset**, making **healthier lifestyle choices**, gaining a **better sense of community**, and feeling a **renewed sense of purpose**.

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Research Study

Prosthetic Design & Research, in collaboration with the Amputee Coalition, is conducting a study to investigate the effectiveness of the Certified Peer Visitor Program to improve patient activation and quality of life during amputation rehabilitation.

We have identified study sites and hope to begin data collection in September 2020.

Overview of Amputee Coalition Certified Peer Visitor Program

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At the heart of the Amputee Coalition mission is our Peer Support Programs



- **Certified Peer Visitor Program**
 - Over 1,000 active CPVs
 - Over 30 Peer Visitor Trainers
- **National Support Group Network**
 - Over 400 support groups
- **Hospital Partnership Program**
 - Over 50 hospital partners

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Certified Peer Visitor (CPV) Program

➤ Certified Peer Visitor Trainings

- Civilian
- Youth & Family
- VA & Military
- MIB Ambassador Agents

➤ Train-the-Trainer Workshops

- Civilian
- Youth & Family
- VA & Military

Virtual Trainings Coming Fall 2020!

Stay tuned for more details after Conference!

Peer Visit Requests

Ways to Request a Peer Visit:

- Online Peer Visit Request Form found on www.amputee-coalition.org
- Contact the Amputee Coalition Peer Support Team by email or phone
 - peersupport@amputee-coalition.org
 - 888-267-5669 ext. 8124
- Amputee Coalition Support App (it's FREE!)
- Hospitals and Rehab Facilities can contact Hospital CPVs directly

Methods of Peer Visits:

- In-Person* (CPVs do not conduct home visits)
- Amputee Coalition Support App: In-app text messaging & In-app video chats
- Phone
- Email
- Video Chat (Skype, Zoom, FaceTime, etc.)
- Social Media

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Amputee Coalition Support App

- Free Download via Apple App Store & Google Play
 - <https://cpvapp.amputee-coalition.org>
- HIPAA compliant
- In-app text messaging & in-app video chats
- Virtually connect with limb loss and limb difference community members across the country
- Visitees can submit peer visit requests and schedule peer visits with registered CPV Support App users
- Contact the Amputee Coalition Peer Support Team and request resource materials with in-app messaging

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Support Group Meeting

Amputee Coalition Virtual Engagements

- Weekly Tea Time Tuesdays for Support Group Leaders and Certified Peer Visitors
- Weekly Amputee Coalition Virtual Support Group Meetings
 - 1st Thursday of each month, 6pm Eastern Time Zone
 - 2nd Thursday of each month, 6pm Central Time Zone
 - 3rd Thursday of each month, 6pm Mountain Time Zone
 - 4th Thursday of each month, 6pm Pacific Time Zone
- Bi-monthly Support Group Leader Networking Calls
- Quarterly Hospital Partner Networking Calls

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Healthcare Facilities Can Improve Patient Outcome

- Establish an Amputation Specialty Program that involves a continuum of care with a holistic interdisciplinary team approach that support the individual needs of each patient
- Provide patient educational materials before and after an amputation, during in-patient and out-patient rehab
- Offer a peer visit to patients who have experienced an amputation or are living with a limb difference, and their family members.
- Stay connected with patients after discharge, Offer Amputation Clinics, Start a Support Group
- Host Certified Peer Visitor Trainings (Virtual/In-Person) to expand network of Hospital Peer Visitors
- Resources: Improving Well-Being Program, Promoting Amputee Life Skills (PALS)

Hospital Partner Panel Discussion

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Hospital Partnership Program Benefits

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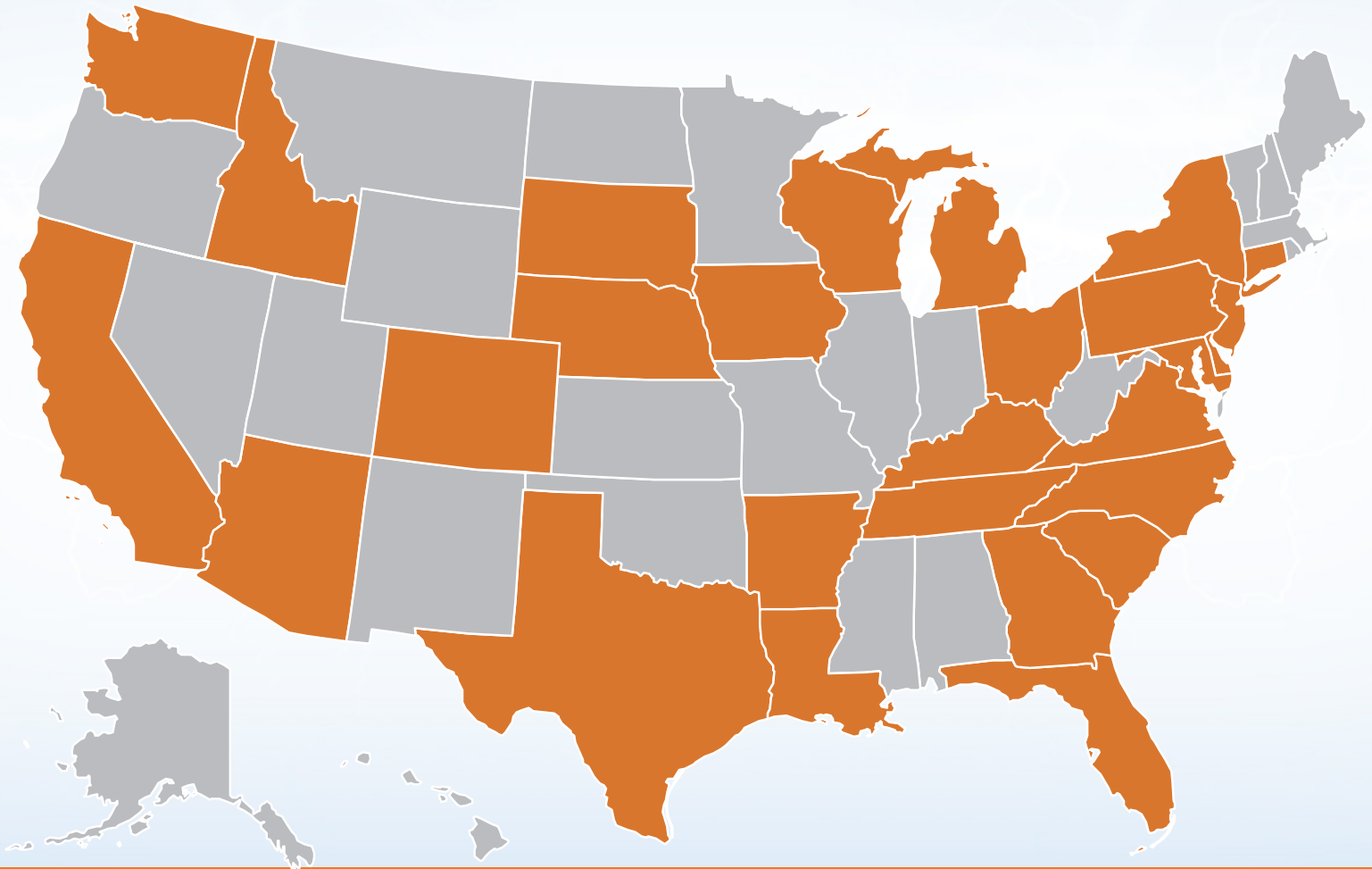


**Become an
Amputee Coalition
Hospital Partner!**

Hospital Partnership Benefits

- **\$0 annual partnership fees**
- Annual hospital kit of complimentary patient resource materials + **100% off** reorders of bulk patient resource materials
- Host CPV Trainings at hospital partner facilities to **expand peer support networks** with Certified Hospital Peer Visitors
- Helps meet and maintain **accreditation** standards for facilities with designated amputation specialty programs
- **Discounted event registration and exhibitor opportunities** at Amputee Coalition flagship events, including National Conference

Our goal is to secure at least one hospital partner in all 50 states. Help us color your state **orange** and expand our reach!



Q & A, Virtual Chat, Polls

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Thank You!

We hope you enjoy the rest of our virtual National Conference!

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Let's stay connected! partners@amputee-coalition.org 888-267-5669 ext. 8108