# TFA Year-in-Review 2022 Events and Activities

## **Professional Development & Education**

- Growth to our Resource Library on TFA Website via additional resources. The resources were also translated into Armenian
  - New topics: Migraines & Headaches, Fatigue, Ergonomics, Cerebral Palsy, Bracing and Orthotics, Assistive Technology, Alzheimer's & Dementia
- Virtual Journal Club Event **February 26, 2022**, participants from US & Armenia
  - Journal club served as the link between clinicians in the US and Armenia to progress their experience with reading and analyzing professional journal articles.
  - o Topics include effects of Long-COVID-19 and Burnout in Healthcare.
- World Federation of Occupational Therapists (WFOT) Conference August 28-31 in Paris
  - TFA Founder, Armineh Babikian and TFA member Jennifer Thompson presented about TFA post-war webinar series and remote educational development, such as amputation.
  - https://www.youtube.com/watch?v=YmQA77X2DoM
- Interdisciplinary Rehabilitation Fellowship for Armenia and Artsakh (IRF) **October** 2022
  - 10 month hybrid post-professional program co-founded by Armineh & Nick (AASMC)
  - TFA in partnership with AASMC, Polaris EduCorp, IdEA Foundation/HENAR, NIH Armenia
  - o Accredited by NIH and MOH for 167 Continuing medical education credits
  - o 31 fellows (OT, PT, SLP, MD) from Armenia & Artsakh)
  - Received grant from Armenian American Medical Society (\$12,000), awaiting donation from Glendale Memorial Hospital (\$10,000)
  - Jennifer Thompson and Lusine were clinical instructors of the orthopedic / prosthetics module (December 2022)
  - Publications
    - https://www.aravot.am/2022/10/11/1297115/
    - https://mediamax.am/am/news/society/48999/
    - https://www.lragir.am/2022/10/11/743609/
    - https://henar.am/irf
    - https://henar.am/irf continues
- TFA member Jennifer Thompson presented at the 4th annual Ukrainian OT Association conference 2022- a connection made at WFOT- **December 2022**
- Became member of Armenian Medical International Committee (AMIC)- December
   2022

• *Upcoming*: Case consultation program to be launched in February 2023 with Lady Cox Rehabilitation Center in Artsakh, & TFA Rehab trip to Armenia Summer 2023

## **Advocacy & Marketing**

- Partnership with Equal Rights, Equal Opportunity (EREO) disability advocacy organization in Lori Region
  - Webinar presented by EREO members "Disability in Armenia & the Role of Self-Advocacy" on June 18, 2022
  - Upcoming: TFA to host webinar on "The Role of Rehabilitation in Independent Living" on January 21, 2023
- Monthly Electronic Newsletters sent to members
- World Down Syndrome & Autism Awareness Days (March 21/April 2, 2022)
  - "Inclusion Means..." Video in partnership with Emili Aregak Center and the Aregak Bakery
  - <a href="https://www.youtube.com/watch?v=AKMpqA3uMtc&t=2s">https://www.youtube.com/watch?v=AKMpqA3uMtc&t=2s</a>
- Armineh Babikian, Nathalie Halejian and Kristine Movsissian met the mayor of Glendale, California Mr. Ardashes Kassakhian in May 2022
- Growth of TFA Instagram account over the last 3 months, TFA has engaged more than 11.5K accounts and have 5% account growth of followers!
- *Upcoming*: Partnership with Chrysti Cook to create templates and personalized social media content

#### **Social & Networking**

- Formed committee in
- Created TFA LinkedIn page
- Leadership Skills Presentation in June, 2022
- Discussion based event on Work/life Balance & Burnout in December, 2022

#### **Community Service**

- Community Service Day in Armenian Nursing & Rehabilitation Center in Boston location & time, TBD
  - Members are creating seated Therapeutic Exercise Videos to promote active engagement and wellbeing in nursing home residents

#### **Fundraising**

- Launched membership fees May 2022 (number of total fee-paying members = 21)
- Lots of Socks Campaign Fundraiser Donation made to Emili Aregak Center (\$750)
- 2022 Treasures of Armenia Calendar Fundraiser with Pictures from Armenian Soldier/Photographer Vardan Harutyunyan— Donation made to Frontline Therapists (\$700)
- TFA Official Merchandise T-shirt launched- June 2022

- WFOT fundraising via social media & Armineh & Jen received \$1500 grant from National Association for Armenian Studies and Research (NAASR) & Knights of Vartan Fund for Armenian Studies (FAS)- April 2022
- Fundraising event at the Famous Craft Bar in LA June 2, 2022
- Occupational Therapy Guidebook to Inclusion additional 500 copies donated with support from WorldVision Armenia to inclusive schools, development and rehab centers, and every regional psycho-pedagogical assessment center in Armenia (\$5,000 EU grant for printing expenses)- October 2022
  - Publication: https://mirrorspectator.com/2022/12/19/birthright-volunteer-trailblazes-occupation al-therapy-in-armenias-villages/
- *Upcoming*: Children's Armenian Coloring / Activity Books Bilingual translation, posters/prints from Vardan Harutunyan photos, in-person fundraising event in NY, changes to website to facilitate

## Therapists for Armenia Statement of Receipts and Expenditures January 1, 2022 - December 31st, 2022

Receipts:

Dues: Membership 21 @ \$25.00 \$479.74

Contributions:

General public donations \$2,308.34

Receipts from Fundraising Activities:

Famous Bar Fundraiser \$711.25 (150.00 Cash)

WFOT Online Fundraiser \$5,039.43 Merchandise \$496.53

Total Receipts: \$9,035.29

**Expenditures**:

Fundraising expenses: \$47.57 (Famous Bar)

Merchandise expenses: \$256.38 (Merchandise

including t-shirts, shipping, Zazzle, designer

gift)

Contributions to:

Frontline Therapists Donation \$700.00 (Calendar fundraiser)

Educational Programs: \$1,902.47 (WFOT)

\$2,195.65 (IRF)

Total Expenditures: \$5,102.07

Operating expenses:

Google Workspace (\$172.60)Cuttermill (\$4.00)iPostal (\$99.00)Canva (\$78.50)Name Cheap (\$78.88)Zoom (\$307.90)Credit Card Annual Fee (\$95.00)Website Maintenance (\$28.75)Charitable Organization Registration Fee (\$25.00)

Total Operating Expenses: \$889.63

Total (Receipts, Expenditures, Operating expenses): \$15,026.99

Total (Receipts less Expenditures & Operating expenses): \$3,043.59

# Therapists for Armenia Statement of Assets and Liabilities January 1, 2022 - December 31, 2022

Assets: Cash on hand:	\$0.00
Cash in bank:	\$5,956.00
Investments:	\$0.00
Office supplies and equipment	\$866.44
Total assets	\$5,302.73
Liabilities: Accounts payable	\$0.00
Loans payable:	\$0.00
Mortgage payable:	\$0.00
Other liabilities:	\$0.00
Total liabilities:	\$0.00