

SAFE

Swallowing Ability and Function Evaluation Profile/Examiner Record Form

Section I. Identifying Information

Name _____
Birth Date _____ Age _____ Gender _____ Room _____
Evaluation Date _____
Diagnosis _____
Date of Onset _____
Physician _____
Examiner _____

Section II. Record and Profile of Scores

Record of Scores

Subscale	Raw Score	%ile	Stanine
1. Physical Examination (PE)	_____	_____	_____
2. Oral Phase (OP)	_____	_____	_____
3. Pharyngeal Phase (PP)	_____	_____	_____

Profile of Scores

Stanine	PE	OP	PP	Severity
9, 8				Within Normal Limits
6, 7				Mild
3, 4, 5				Moderate
1, 2				Severe

Section III. Diagnostic Conclusions

Summary and Impressions

General Recommendations

- Evaluation:** Modified barium swallow Fiberoptic endoscopic evaluation of swallowing Other Diagnostic Studies _____
- Diet:** NPO NPO pending further evaluation Supervised/assisted feeding
 Continue current diet Diet Modification _____ No thin liquids
 Reduced bolus size Thicken liquids to _____ consistency Other _____

Rehabilitation Recommendations and Potential

Section IV. Record of Items and Subscale Performance

Scoring Criteria: (3) Within functional limits (2) Mild impairment
(1) Moderate impairment (0) Severe impairment

STAGE 1

Subscale 1: Physical Examination of Oropharyngeal Mechanism

	Elevation	Depression	Retraction	Protrusion	Approximation	Rounding	Lateralization	Range of Movement	Coordination	Rate	Tension	Strength	TOTALS
Lips													
Tongue													
Palate													
Cheeks													
Teeth													
Jaw													
Larynx													
Oral reflexes													
Physical Examination (PE) Total													

STAGE 2

Subscale 2: Oral Phase Swallowing Evaluation

Symptom	Score (0, 1, 2, 3)
Lip closure	
Lip seal	
Pocketing	
Bolus transport	
Number of swallows per bolus	
Rate/strength of mastication	
Nasal regurgitation	
Oral Phase (OP) Total	

Subscale 3: Pharyngeal Phase Swallowing Evaluation

Symptom	Score (0, 1, 2, 3)
Delay at pharyngeal level (____ seconds)	
Laryngeal elevation	
Coughing/choking before/during/after the swallow (circle one)	
Repeated swallows	
Complaints of food being "stuck"	
Hoarse/gurgly/wet voice following swallow (circle one)	
Regurgitation/expectoration of food	
Pharyngeal Phase (PP) Total	

STAGE 3

Auscultation and/or Additional Notes

Section V. Record of Diagnostic Observations

Scoring Criteria: (✓) Within functional limits for swallowing or not problematic
(-) Not functional for swallowing or problematic

Physical Examination of Oropharyngeal Mechanism

	Structure	Sensation	Notes
Lips			
Tongue			
Palate			
Cheeks			
Teeth			
Jaw			
Larynx			
Oral reflexes			

Oral Phase Tolerance of Consistencies

Consistency	Tolerates	Notes
Thin liquids		
Thick liquids		
Puree		
Soft		
Ground		
Regular		
Dry/crumblly		

Pharyngeal Phase Tolerance of Consistencies

Consistency	Tolerates	Notes
Thin liquids		
Thick liquids		
Puree		
Soft		
Ground		
Regular		
Dry/crumblly		

General Information Related to Swallowing Ability

Behavior	WFL	Notes
Cooperativeness		
Ability to follow instructions		
Awareness of deficits		
Rate of intake		
Endurance		