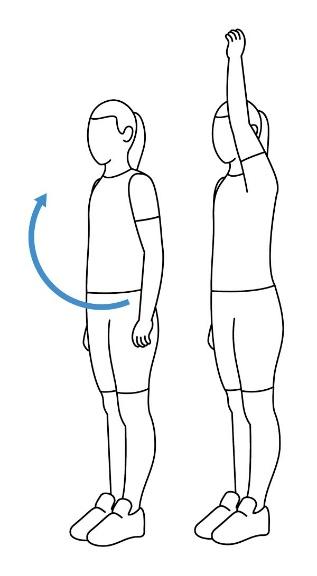
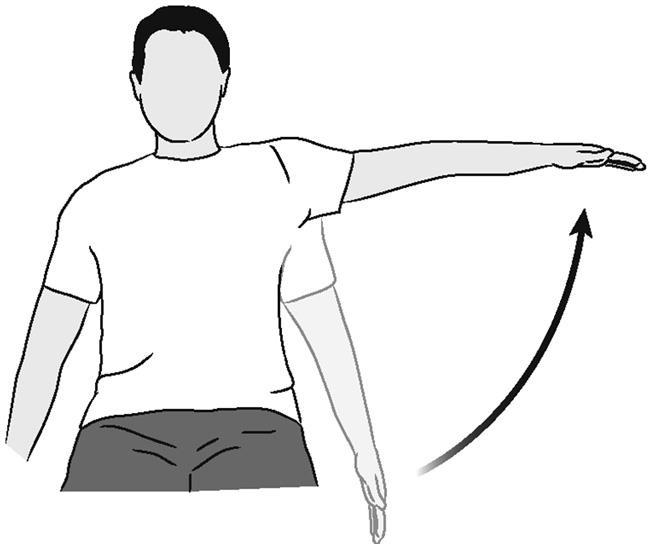
**Exercise Program for Shoulder**

1. Shoulder flexion 2. Shoulder Abduction

3.Shoulder Internal Rotation 4. Shoulder External rotation